



# ESCENZA

Spa and Wellness Guide



AMANZI

In the Journey of Wellness,  
Escenza creates unforgettable memories.

Indulge in a mind-expanding journey with Escenza and experience world class Spa treatments. The essence of these treatments is the beautiful amalgamation of nature and science. With a WOW guest experience as the core, our treatments celebrate the union of your body, mind & soul. Here, not masseurs but healers with their art, use the five senses to immerse you in a journey that creates a whole new aura around you. We strive to take you back to the roots by re-establishing a connection with your inner self and nature through our services & products. Ranging from world-class body treatments & therapies to premium range of facials & signature packages, the curated experience that you discover in Escenza will continue to resonate long after.



**FULL-BODY MESSAGES**

## Deep Tissue Massage

This expert treatment eases aches and alleviates stress focusing on the deeper layers of the muscle. Truly one of the most sought-after massages in the world. Great for relieving stiffness & pain after intense physical activity.

60 min : ₹ 4000\*

90 min : ₹ 5000\*

## Swedish Massage

One of the most popular & well-known treatments. Pure, simple & relaxing. Most commonly preferred Massage Therapy that improves circulation.

60 min : ₹ 3700\*

90 min : ₹ 4700\*

## Classic Ayurveda Massage

An ancient massage focussing on the energy points or chakras for an overall relaxation of body, mind and soul by applying herbal oils. This massage helps in maintaining the equilibrium of the body.

60 min : ₹ 3700\*

90 min : ₹ 4700\*

## Aromatherapy Massage

Aromatherapy is the art of using oils extracted from aromatic flowers, herbs, spices, woods and fibres to enhance health and beauty. In addition to the physical benefits, Aromatherapy has subtle effects on the mind and emotions. The customized massage, which uses a light, rhythmic pressure, is very calming and soothing.

60 min : ₹ 3700\*

90 min : ₹ 4700\*

## Signature Escenza Touch Massage

An essence of Aromatherapy, Deep Tissue and Polynesian massage techniques best suited for an excellent relaxation at somatic and psychological level. This signature journey of ours is a blissful experience.

75 min : ₹ 4700\*

\*Taxes extra





**SPECIALTY MASSAGES**

## Head Massage

A perfect stress relieving massage that is also uplifting and improves hair and scalp condition .

30 min : ₹1800\*

## Foot Reflexology

Healing Chinese massage working on reflex points on the feet which is deeply relaxing.

30 min : ₹1800\*  
60 min : ₹3000\*

## Traditional Thai Foot Massage

An invigorating and deeply relaxing treatment which involves massage, stretching and acupres-  
sure to stimulate reflex points.

30 min : ₹1800\*  
60 min : ₹3000\*

## Back - Neck - Shoulder Therapy

A beautifully relaxing massage that targets all the places you hold the most tension in and helps boost the immune system.

30 min : ₹2500\*

\*Taxes extra





**CLEANUPS & FACIALS**



Charcoal Facial

Diamond Facial

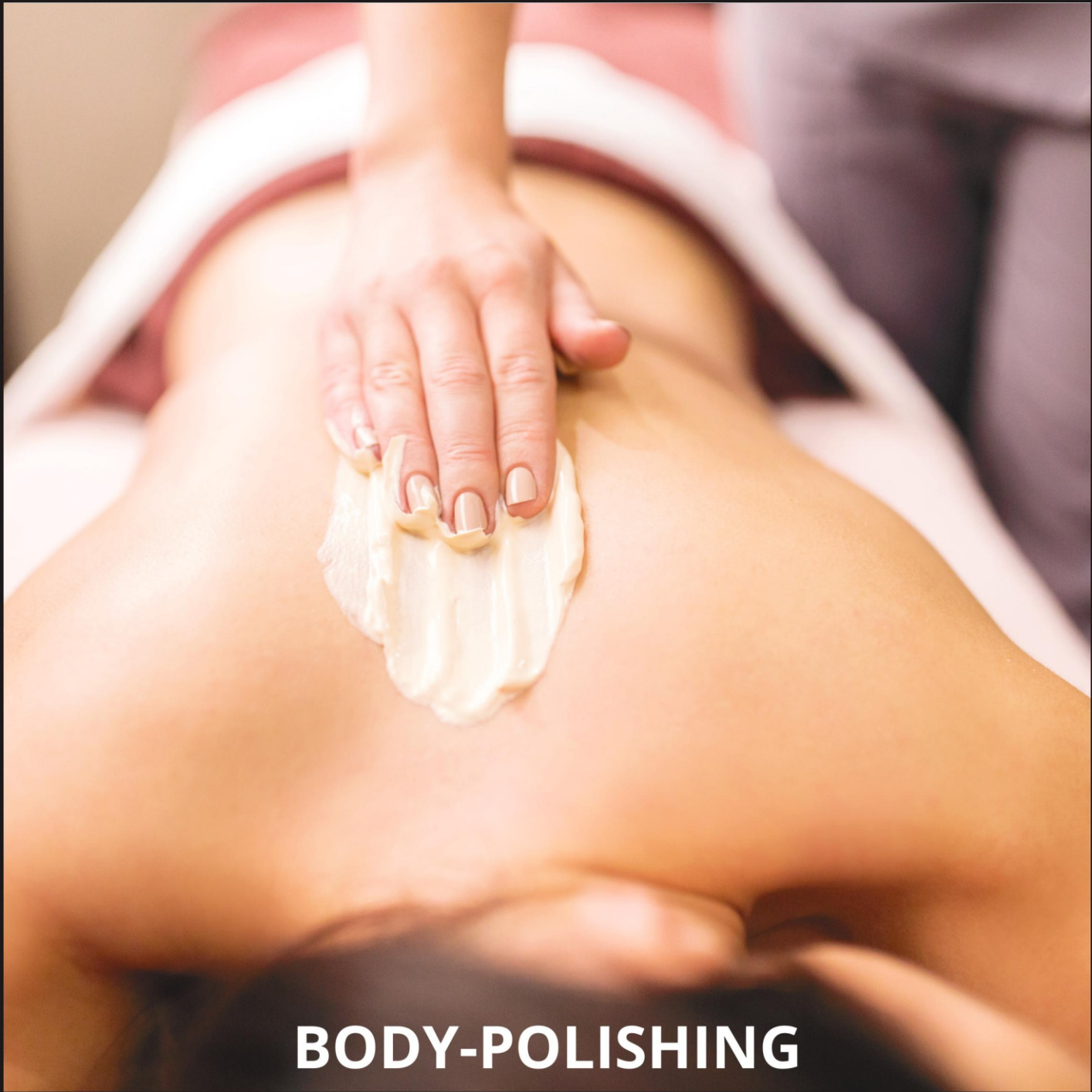
Gold Facial

Whitening Facial

60 min : ₹ 2500\*

\*Taxes extra





**BODY-POLISHING**

## Chocolate

Tighten and soothe your skin with rich and creamy chocolate extracts that are meant to preserve the skin's youth and give it that dewy glow. It feels great on the skin. Try this for an extravagant, luxurious and great smelling treatment.

Scrub 30 min  
Wrap 30 min

₹2800\*

## Blueberry & Yoghurt

Healing Chinese massage working on reflex points on the feet which is deeply relaxing.

Scrub 30 min  
Wrap 30 min

₹2800\*

## Papaya & Peach

The vitamin A from Papaya is great for rejuvenation and when combined with peach gives your skin a deep cleansing effect that lasts long. It also helps pigmentation and the vitamin C from peach works great on tired skin.

Scrub 30 min  
Wrap 30 min

₹2800\*

## Wild Cherry

Rich in antioxidants this premium wild cherry scrub / wrap will soothe and calm your skin and reduce inflammation thereby leaving your skin relaxed and refreshed.

Scrub 30 min  
Wrap 30 min

₹2800\*

\*Taxes extra





## Escenza Couple's Bespoke

Why experience by yourself when you can take your beloved one with you? Indulge in one of the newest sensations - The Couple's Bespoke Experience that celebrates togetherness & love, all with spa therapies selected by you. This is the perfect indulgence for a couple's getaway, something that you will memorize forever. Take this experience as a souvenir with you as you leave - only to come back for more.

Book our Couple's Therapy Room for a minimum of 1 hour and select treatments of choice from our menu that has a wide variety of Spa Therapies in store for you.

**1 Hour - ₹6700\***  
**Add 30 mins for ₹3000\***

\*Taxes extra



# Terms & Conditions

## Appointments

All appointments are made at the spa reception and will be subject to availability of time slot. To avoid inconvenience, prior confirmation is recommended. Walk-ins are always welcome.

## Late Arrivals

In case you are running late for an appointment, we will endeavour to conduct your full treatment, however please note that the treatment may need to be shortened if the therapist has another booking immediately afterwards. In this case, the guest shall be required to make the full payment.

## Cancellation Policy

If you need to make changes in your appointment/treatment please inform us. We have reserved this time exclusively for your treatment and need time for substituting it with another appointment. We require a minimum 3 hour cancellation notice prior to your scheduled time. No-show will be charged at 50% of the cost of services booked and will be charged during the hotel stay. Payment once made will not be refunded.

## Guest Assessment

Please make sure to fill correct information in the guest assessment forms provided to you prior to your treatment. It helps us understand your health profile which helps us suggest better treatments for you.

## Dress Code

We recommend you to wear comfortable clothing to the spa and leave your valuables safely in your room lockers before coming to the spa.

## Nudity

Your therapists will ensure total discretion at all times and ensure optimum client comfort. Provision of disposable clothing will be available for use during the spa treatments.

## Zen

Use your time to relax. You are requested to refrain from smoking and use of mobile phones in the spa. If you have any questions or queries while using the spa facilities, our staff will be pleased to guide you. Allow our skilled and dedicated therapists to heal and soothe your aches and pains. You will be glad to have spent time at our Spa to balance your mind, body & spirit.

We remind you that you are in a professional spa. Please do not expect anything other than therapeutic spa services. All prices are exclusive of taxes.







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